

## *The Michael Messages*

### *Radiance*

*Allow thoughts, feelings and actions to emanate from your inner light. As surely as the sun rises with each new dawn, so shall your love light long to radiate from you to all life. Think love, express love freely and it will return a hundred fold.*

How can we do this amidst the constant challenges in our daily lives?

*Loved One, ask yourself this: If your life on Earth were not filled with challenges and change, would your spirit grow? Change is a constant, but growth is a choice. You have all chosen paths that will allow your souls expansion and expression. No matter how dark or terrible any challenge may appear, there is always the choice, eminently yours, on how you think, feel and act. It is easy to be grateful when you are feeling all is well. I say to you be grateful even in the face of adversity, for your Higher Self rejoices as each new change or challenge assists in your growth; the angels rejoice with you.*